Generation Rx

Preventing the Misuse and Abuse of Prescription Medications

YOUTH program

Bulletin Board Instructions

Bulletin Board Materials about Prescription Drug Abuse: Get the TRxUTH!

These easy-to-assemble bulletin board panels can be used to teach college-, high school-, and middle school-aged students about the dangers of prescription drug abuse. The materials are designed to work with whatever space is available and can be customized to fit the needs of your institution.

Instructions:

1. Download and print the bulletin board panels onto standard-sized paper.
2. Use the optional images as needed.
3. Add customized information to the "Where can I get help?" slide if desired.
4. If you have any questions or would like the panels in a different file format, please feel free to contact Dr. Nicole Kwiek, Clinical Assistant Professor and Assistant Director of Educational Outreach, by email at kwiek.1@osu.edu or phone at 614.688.5951.

Medications are helpful when used under medical supervision...

but when used without the guidance of a health professional, it's a prescription for disaster.

Get the TRxUTH

In the U.S., the abuse of prescription drugs now exceeds the abuse of methamphetamine, cocaine, heroin, and ecstasy combined.

STOP

Young people in particular often feel pressure to abuse these drugs.

Get the TRxUTH

MYTH:
Everyone else is abusing prescription drugs.

DO NOT ENTER

FACT:
Youth often perceive that their peers are abusing prescription drugs to a greater extent than they really are.

Get the TRxUTH

MYTH:
Since they are prescribed by a doctor, prescription drugs can only be helpful.

CAUTION
MEDICATION SAFETY WARNING

FACT:
Any drug has the potential to cause harm, especially when used without medical supervision.

Get the TRxUTH

MYTH:
Abusing prescription drugs is a safe alternative to using "street" drugs.

DEAD END

FACT:
Unintentional drug poisonings (over 90% of which involve prescription medications) are the second leading cause of accidental death in the U.S.

Get the TRxUTH

MYTH:
Abusing prescription drugs is a legal alternative to using "street" drugs.

WRONG WAY

FACT:
It's a federal offense to possess a medication like Vicodin®, OxyContin®, Xanax®, Valium®, Ritalin®, and Adderall® that is not prescribed for you.

Get the TRxUTH

MYTH:
Prescription drugs like OxyContin® or Vicodin® are non-addictive.

YIELD

FACT:
Drug treatment admissions for addictions to prescription pain medications increased 300% between 1995 & 2005.

Get the TRxUTH

MYTH:
It's okay to use someone else's prescription drugs as long as you're not trying to get "high".

DANGER AHEAD

FACT:
No matter the reason of use, prescription drugs should be used only under the supervision of a medical professional.

Get the TRxUTH

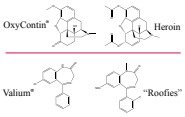
Prescriptions are not suggestions!

CAUTION
FEDERAL LAW PROHIBITS DISPENSING WITHOUT A PRESCRIPTION

The government requires a prescription for many medications in order to reduce the potential for harm
Don't use someone else's prescription medications!

Get the TRxUTH

Take a look at their chemical structures...



they're more similar than you might think!

Get the TRxUTH

Where can I get help?

Get the TRxUTH

Sources

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Get the TRxUTH

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