

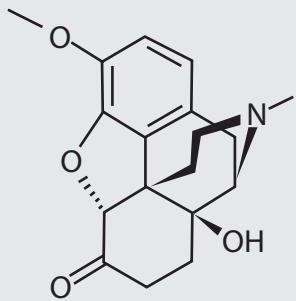


Only use prescriptions
AS INSTRUCTED
by a healthcare professional

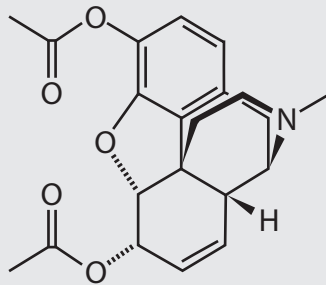
HELP REDUCE RISK

**DRUG DEPENDENCY
& ADDICTION**

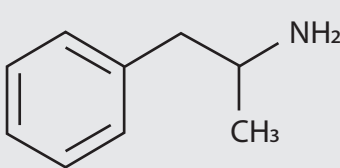
**DANGEROUS
INTERACTIONS**



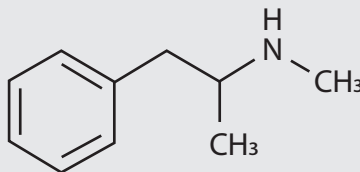
Oxycodone



Heroin



Amphetamine



Methamphetamine



*Some medications aren't
as safe as you think!*



EVERYONE IS DIFFERENT

Never share or take someone else's meds

1 You wouldn't share your toothbrush or underwear so **why share your medication?**

Some things just belong to YOU!

2 When you ask for my medication, you ...
... use our friendship to get drugs
... disrespect my health needs
... put me at risk for trouble

3 Sharing or taking medication without a prescription **is illegal**

How would a drug-related offense impact your future?





SECURE MEDICATIONS in lockable spaces & safely dispose

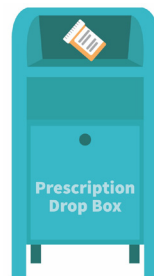


STORAGE

*Consider lock-boxes,
medication safes, or
a locked desk drawer*

DISPOSAL

BEST OPTION:



*Place the medication in
a drug drop box or take
advantage of a drug
take-back event*

rxdrugdropbox.org

AT HOME:

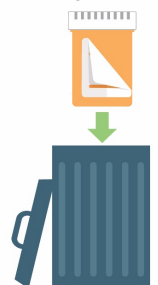
*Mix pills
with an
undesirable
substance*



*Throw away
the sealed
mixture*



*Remove
label before
throwing
away bottle*





HOW TO SAFELY MANAGE STRESS:

prioritize tasks

yoga **eat a healthy diet**

get enough sleep

recognize accomplishments

exercise **laugh**

talk to friends

make a plan